

HALLOWEEN

@ Spraoi agus Spórt



Spraoi agus Spórt

CHY 19609

0 - 3 Years

Monday	10am - 12pm	Parent & Toddler with Boogie Bugs Music
Tuesday	10am - 12pm	Parent & Toddler with Arts & Crafts
Wednesday	10am - 12pm	Breastfeeding Group - Public Health Nurse in Attendance
Thursday	10am - 12pm	Parent & Toddler with Messy Play
Friday	10am - 12pm	Mothers Together - Public Health Nurse in Attendance
Saturday	11am - 1pm	Parent & Toddler with Sensory Room Time

Siblings welcome too – these Groups take place weekly all year round. All groups cost €3 per family



Pre-School

Monday	10am - 12pm	€4 per child
Spraoi Time (Free play, Snack, Lego, Fancy Dress)		
Tuesday	10am - 12pm	€4 per child
Spraoi Time (Free play, Snack, Story Time)		
	1pm - 2pm	€3 per child
Gymslip (Gymnastics) with Declan Mulhern		
Wednesday	10am - 12pm	€4 per child
Spraoi Time (Free play, Snack, Arts & Crafts)		
Thursday	10am - 12pm	€4 per child
Spraoi Time (Free play, Snack, Messy Play)		
Friday	10am - 12pm	€4 per child
Spraoi Time (Free Play, Snack, Lego)		

Club Spraoi

a youth club for children with a disability and/or autism

Saturday	2pm - 6.30pm	4 - 9 Years	€5 per child
Monday	1pm - 5.30pm	10+ Years	€5 per child
Tuesday	1pm - 5.30pm	4-9 Years	€5 per child
Thursday	1pm - 5.30pm	10+ Years	€5 per child

CARNDONAGH OPERATION TRANSFORMATION

- 8 week programme
- Starts 4th January, Ends 21st February
- Weekly weigh-ins (optional),
- Walking sessions every Tuesday & Friday 7pm & Sunday 10am,
- 5k Fun Walk/Run Feb 18th,
- Cost €40 adults, €10 children.

REGISTER YOUR INTEREST TODAY!

5 TEAM LEADERS REQUIRED

- You will receive additional nutritional & fitness advice
- No entry fee



Junior Infants - 6th Class

SATURDAY 29TH OCTOBER

4 - 6 Years	11:15am - 12:15pm	€3 per child
Active Play (Fundamentals) in St Patrick's GNS		
8 + Years	1pm - 3.30pm	€5 per child
Haunted Drawings with Sebastiano Furci		

TUESDAY 1ST NOVEMBER

6 - 7 Years	2:15pm - 3:15pm	€3 per child
Gymslip (Gymnastics) with Declan Mulhern		
8 + Years	3:30pm - 4:30pm	€3 per child
Gymslip (Gymnastics) with Declan Mulhern		
8 + Years	6pm - 8:30pm	€5 per child
Halloween Games Night (enjoy fun, games, arts and crafts and a DVD)		

WEDNESDAY 2ND NOVEMBER

5 - 7 Years	1pm - 3.30pm	€5 per child
Spooky Food Art and Hip Hop with Tanya Mulhern		
8 + Years	3pm - 5.30pm	€5 per child
Spooky Food Art and Hip Hop with Tanya Mulhern		
5 - 7 Years	6.30pm - 8.30pm	€5 per child
Halloween Games Night (enjoy fun, games, arts and crafts and DVD)		

THURSDAY 3RD NOVEMBER

4 + Years	12.30pm - 1.30pm / 1.45pm - 2.45pm / 3pm - 4pm	
Casey's Creatures (lots of scary animals to see and touch)		
€5 per child		
4 - 12 Years	4.30pm - 6.30pm	€5 per child
The Brickx Club (Lego) with Josephine McCallion		

FRIDAY 4TH NOVEMBER

8 + Years	1pm - 3.30pm	€5 per child
Haunted Arts & Crafts and Zumba with Treasa Doherty		
5 - 7 Years	3pm - 5.30pm	€5 per child
Haunted Arts & Crafts and Zumba with Treasa Doherty		
4 - 12 Years	4.30pm - 6.30pm	€5 per child
The Brickx Club (Lego) with Josephine McCallion		

SATURDAY 5TH NOVEMBER

4 - 6 Years	11.15am - 12.15pm	€3 per child
Active Play (Fundamentals) in St Patrick's GNS		

Places are limited on all our workshops so please text/call 086 8420 203 to book your place today. Check out our website for more information www.spraoiagusport.ie